2012 JUNIOR LIFEGUARD UNIFORM REQUIREMENTS

We require participants to wear a uniform for identification, safety and team camaraderie. **The uniforms allow the instructors to safely monitor the children and distinguish them from non-Junior Guard participants.**

- **Little Guard** and **Junior Guard** participants must wear **RED** swim shorts for boys or girls and one-piece or sports style two piece (no bikini type) swimsuits for girls.
- **Captain Corp** members must wear **BLACK** swim shorts for boys or girls and one-piece or two piece (No bikini type) swimsuits for girls.

Shorts should be "board short" style and above the kneecap to allow for unimpaired running while wet. Girl's swimsuits must be one piece competitive style or an athletic two piece style of suit. Two piece bikini swimsuits are not allowed (no exceptions). Girls may also wear board shorts.

- An official Junior Guard T-shirt and patch will be issued the within the first five days of each session. Participants who pass the required physical test for their age group will earn a patch. Patches are worn on the left side or leg of swimsuit or trunks.
- For information on Junior Lifeguard, discount swimwear and equipment refer to the Junior Lifeguard website under "Clothing & Discounters".

OFFICAL JUNIOR LIFEGUARD SWEATSHIRTS & SWEATPANTS

The Junior Guard Parent Booster Club will sell sweatshirts, sweatpants and limited number of red boardshorts (sizes 20 – 24)

2012 JG Booster Club Sale Dates

- **June 2, Saturday, 10am – 12pm, Cowell Beach (JG Parent meeting)**
- **June 20, Wednesday, 11:30am – 1:30pm @ Cowell Beach (1st day session 1)**
- **July 2, Monday, 11:30am – 1:30pm @ Cowell Beach**
- **July 23, Monday, 11:30am – 1:30pm @ Cowell Beach (1st day session 2)**
- **August 8, Wednesday, Main Beach 9:30am – 3pm @ NorCal Competition**
- **August 9, Thursday, Main Beach 9:30am – 3pm @ NorCal Competition**