LITTLE GUARD Competition at Seacliff Beach
Th. June 27, 2013

Please have your Little Guard at Seacliff State Beach at 8:45 am. The first event is at 10:00AM. The competition will end by 3:00PM (probably around 2:30 – 2:45). The competition will be held on the down coast (south) side of the pier. If you plan on parking within the State Park you will have to pay $10. If you would like to drop your little guard off, there will be an instructor waiting at the top of the stairs in the upper parking lot to walk your child down. If they are going back up with that instructor at the end of the day for pick-up, please make sure you clearly communicate this with your child. **Parents you are welcome to come hang out and watch the events but please make sure your child stays with their instructor, unless you let the instructor know you will be taking your child**. Remember, participation in competition is highly encouraged but is not mandatory. Pack your child a lunch, water bottle (reusable h2o bottles are preferred), snack & sunscreen. The Booster Club will provide two H2O coolers and snack bars for participants who need to refill their h2o bottles or need a snack. The following is the schedule so you will know what you child is doing. Please let me know if you have any questions.

Thanks!
Paul Steinberg
831-212-6697 (JG cell)

Time	6 year olds	7 year olds	8 year olds
10:00	Distance Run **green flag**	Water Flags **black flag**	Team Taplan **purple flag**
11:00	Water Flags **black flag**	R-S-R **orange flag**	Distance Run **green flag**
12:00	R-S-R **orange flag**	Distance Run **green flag**	Boogie Relay **white flag**
1:00	Boogie Relay **white flag**	Team Taplan **purple flag**	R-S-R **orange flag**
2:00	Team Taplan **purple flag**	Boogie Relay **white flag**	Water Flags **black flag**

JUNIOR GUARD Competition at Seacliff Beach
Fri. June 28, 2013

Please have your Junior Guard at Seacliff State Beach at 8:45 am. The first event is at 10:00AM. The competition will end by 4:00PM (probably around 3:30 – 3:45). The competition will be held on the down coast (south) side of the pier. If you plan on parking within the State Park you will have to pay $10. If you would like to drop your junior guard off, there will be an instructor waiting at the top of the stairs in the upper parking lot to walk your child down. If they are going back up with that instructor at the end of the day for pick-up, please make sure you clearly communicate this with your child. **Parents you are welcome to come hang out and watch the events but please make sure your child stays with their instructor, unless you let the instructor know you will be taking your child.** Remember, participation in competition is highly encouraged but is not mandatory. Pack your child a lunch, water bottle (reusable h2o bottles are preferred), snack & sunscreen. The Booster Club will provide two H2O coolers and snack bars for participants who need to refill their h2o bottles or need a snack. The following is the schedule so you will know what you child is doing. Please let me know if you have any questions.

Thanks!
Paul Steinberg
831-212-6697 (JG cell)

Time	C's	B's	A's
10:00	Team Taplan	Run-Swim-Run	Swim Relay
11:00	Distance Swim	Distance Run	Flags
12:00	Swim Relay	Flags	Run-Swim-Run
1:00	Run-Swim-Run	Team Taplan	Distance Swim
2:00	Flags	Distance Swim	Distance Run
3:00	Distance Run	Swim Relay	Team Taplan